

## **Fabric Napkin Rings and Napkins:**

### **Materials:**

8, 15" (38cm) squares of fabric with African pattern for napkins  
8, 1.5"x 14" (4 x 36 cm) fabric strips of coordinating fabric for napkin rings  
modge podge™ or equivalent medium  
1 paper towel or 3 toilet paper tubes  
craft bowl or plastic container  
wax paper  
paint brush  
scissors

### **1. Measure and cut fabric scraps and cardboard rings.**



**2. Wrap the cardboard rings with the fabric,** gluing down the ends of each fabric strip with a dab of modge podge. Wrap strips at a bit of an angle starting on the inside of the tube. The strip should wrap all the way around with a slight overlap. If you come up short just use another piece of fabric in order to complete the wrap. One time around with fabric is plenty to create a stiff ring. Brush thoroughly with modge podge. A second coat may be needed to make the napkin ring stiff.

**3. Brush away any excess modge podge.**

**6. Dry on waxed paper overnight;** flip halfway through drying, if possible.

**7. Apply another coat of modge podge with brush,** if needed and let dry again for at least a day on waxed paper.

**8. Make cloth napkins made by machine stitching ½ inch around squares of fabric and then fraying to ¼ inch.**

**Use these napkins and rings at a special GEMS Africa night or sell as a fund-raiser to support the GEMS ministry in Zambia.**